All your favorite brands

Savings for the Holiday Season!

Look for over 70 coupons throughout the store.





save with coop deals

$1.00 off

Amore

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4986



save with coop deals

$2.00 off

Artisana

Any 8 or 14 oz. jar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4987



save with coop deals

$2.00 off

Aura Cacia

Any essential oil bottle, roll-on or kit

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4988





save with coop deals

$1.50 off

Beecher's

Any frozen entrée or side

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4990



save with coop deals

$1.00 off 2

Beyond

Any two breakfast sausage links or patties

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4991



save with coop deals

$1.00 off

Blue Lotus Chai

Any 2 oz. or larger item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 12/31/26.**

4992



save with coop deals

$3.00 off

Boiron

6 or 12 ct. Oscillococcinum single dose tubes

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4993



save with coop deals

$1.25 off

Canyon Bakehouse

Any bread or bagel item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/26.**

4994



save with coop deals

75¢ off

CB's Nuts

Any 16 oz. peanut butter item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/26.**

4995



save with coop deals

$1.00 off

Choice Organics

Any 16 ct. tea bags

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4996



save with coop deals

50¢ off

Clean Cause

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4997



save with coop deals

$2.50 off

Cosmic Bliss

Any 14 oz. item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

4998



save with coop deals

$1.00 off

Crystal

Any deodorant item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/26.**

4999



save with coop deals

$1.50 off

Davids

Any 4 or 5.25 oz. toothpaste

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5000



save with coop deals

$1.00 off

Earth's Best

Any cereal item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5001



save with coop deals

50¢ off

Emerald Cove

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5002



save with coop deals

$1.00 off

Epic

Any bone broth or animal fats

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5003



save with coop deals

75¢ off

Essential Baking Co.

Any bread item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5004



save with coop deals

$1.50 off 2

Evolution Fresh

Any two 15.2 fl. oz. juice or smoothie items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5005



save with coop deals

$1.00 off

Explore Cuisine

Any 8 oz. pasta item

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 12/31/26.**

5006

sample VOID



save with coop deals

$1.00 off

Fiordifrutta or Nocciolata

Any Nocciolata jar or Fiordifrutta fruit spread

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

5007

sample VOID



save with coop deals

$1.00 off

FitJoy

Any cracker or pretzel item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5008

sample VOID



save with coop deals

75¢ off

Food For Life

Any item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/26.**

5009

sample VOID



save with coop deals

$1.00 off

Food Should Taste Good

Any 5 oz. cracker or 5.5-11 oz. tortilla chip item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5010

sample VOID



save with coop deals

$2.00 off

Four Sigmatic

Any 10 oz. coffee item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5011

sample VOID



save with coop deals

$2.00 off

Fra' Mani

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5012

sample VOID



save with coop deals

$1.00 off

Frontier

Any spice or extract item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5013

sample VOID



save with coop deals

$3.00 off

Garden of Life

Any Herbals item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5014

sample VOID



save with coop deals

$2.00 off

Good Good

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5015

sample VOID



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with Coop deals

$2.00 off

Great Lakes Wellness

Any item (excluding single serve)

5016



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with Coop deals

$1.00 off

GT's

Any 16 fl. oz. Alive elixir

5017



Present one coupon per item purchased. Limit of nine coupons per shopping trip. **Expires 12/31/26.**

save with Coop deals

$3.00 off

Himalaya

Any 60-240 ct. item

5018



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with Coop deals

$1.00 off

Jason

Any body wash item

5019



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with Coop deals

70¢ off

Jovial

Any cracker or cookie item

5020



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

save with Coop deals

$1.00 off

Kalona Supernatural

Any 24 oz. yogurt item

5021



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with Coop deals

$2.00 off 2

Laird Superfood

Any two 22 fl. oz. coffee creamer items

5022



Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/26.**

save with Coop deals

$1.50 off

Lily of the Desert

Any 16 or 32 fl. oz. aloe vera juice

5023





Present one coupon per two items purchased. Limit of six coupons per shopping trip. **Expires 12/31/26.**

save with Coop deals

$1.00 off 2

Milton's

Any two cracker items

5025



save with coop deals

$5.00 off

Mineral Fusion

Any cosmetic or nail item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/26.**

5026

sample VOID



save with coop deals

$3.00 off

Natural Factors

Any Total Body Collagen powder

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5027

sample VOID



save with coop deals

$1.00 off

Newman's Own

Any dried fruit item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5028

sample VOID



save with coop deals

$1.00 off 2

Nixie

Any two 12 fl. oz. cans of soda

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5029

sample VOID



save with coop deals

$1.00 off

NOW

Any essential oil item

Present one coupon per item purchased. Limit of 50 coupons per shopping trip. **Expires 12/31/26.**

5030

sample VOID



save with coop deals

$1.00 off

Oregon's Wild Harvest

Any capsule, extract or biodynamic tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5031

sample VOID



save with coop deals

$1.00 off

OWYN

Any 12 fl. oz. protein shake bottle

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5032

sample VOID



save with coop deals

$1.00 off

Pamela's

Any Figgies & Jammies, Big Fig, cookies or graham crackers item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5034

sample VOID



save with coop deals

$1.00 off 2

Pacific Foods

Any two canned soup or chili items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5033

sample VOID





save with coop deals

$1.00 off

ParmCrisps

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5035



save with coop deals

$1.00 off

Patagonia Provisions

Any cracker item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5036



save with coop deals

50¢ off

Poppi

Any 12 fl. oz. can

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

5037





save with coop deals

$1.25 off

Portland Pet Food Company

Any dog food or treat item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 12/31/26.**

5038



save with coop deals

20¢ off

Probar

Any 3 oz. meal bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5039



save with coop deals

$1.50 off

Redmond

Any 16 or 26 oz. Real Salt pouch

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5040



save with coop deals

$1.00 off

Rubicon Bakers or Lucky Spoon Bakery

Any 6-10 oz. cupcakes, muffins or brownie bites

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

5041



save with coop deals

$3.00 off

Seaweed Bath Co.

Any item (excluding bar soap, hand cream, lip balm and travel size)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

5042

sample VOID



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with co+op deals

$1.00 off

Shady Maple Farms

Any item

5043



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with co+op deals

$1.00 off

Siggi's

Any 24 oz. yogurt item

5044



Present one coupon per three items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with co+op deals

$1.00 off 3

Siggi's

Any three 5.3 oz. plant-based coconut blends cups

5045



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with co+op deals

$1.50 off

Simple Mills

Any nut butter stuffed sandwich cookies

5046





Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

save with co+op deals

75¢ off

Snyder's of Hanover or Snack Factory

Any bag of pretzels, Pretzel Crisps or Bites

5047



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with co+op deals

$2.00 off

Spectrum Essentials

Any item

5048



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

save with co+op deals

$1.00 off

Tcho

Any 2.1 oz. chocolate bar or 6.8 oz. Hawt Chocolate

5049



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with co+op deals

$2.00 off

The Republic of Tea

Any tea item

5051

sample VOID



Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 12/31/26.**

save with coop deals

50¢ off

The Ginger People

Any 3 or 3.5 oz. Gin Gins

5050

sample VOID



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with coop deals

$1.00 off

Traditional Medicinals

Any lozenges or Smooth Move caps

5052

sample VOID





Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with coop deals

$1.00 off

Triscuit

Any organic crackers item

5053

sample VOID



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with coop deals

$1.50 off

Wedderspoon

Any drops, pops, lozenges or propolis spray

5055

sample VOID



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

save with coop deals

$1.00 off

Wildbrine or WildVINE

Any item

5056

sample VOID



Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 12/31/26.**

save with coop deals

$4.00 off

Wonderstate Coffee

Any 8.8 or 10.5 oz. packaged coffee

5057

sample VOID



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with coop deals

$1.50 off

Woodstock

Any 16 oz. relish or 24 oz. pickle item

5058

sample VOID



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 12/31/26.**

save with coop deals

$2.00 off 2

Woodstock

Any two 8-10 oz. frozen fruit items

5059

sample VOID



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 12/31/26.**

save with coop deals

$1.00 off

Xlear

Any item (excluding kids and .75 oz. items)

5060

sample VOID