

WHOLE FOODS CO-OP

Sandwich Menu

Let the Co-op Deli make you a hot Signature Sandwich! Build Your Own Sandwich options are also available. Call 728-0884 to place your order and pick up at the deli counter. Specify Hillside store or Denfeld for your pick-up location. Available until 8pm.

Signature Sandwiches

All Signature Sandwiches come with a choice of side unless otherwise noted. * = Organic

Southwest Melt \$11.99

Choice of Turkey, Marinated Portabella Mushroom or Black Bean Burger with Spinach*, Tomato*, Chipotle Spread, Avocado, and Pepper Jack Cheese on Sourdough*.

Duluth Melt \$11.99

Choice of Roast Beef, Pastrami, or Marinated Portabella Mushroom with Green Peppers*, Roasted Red Peppers, Onions*, Volcanic Horsey Sauce and Provolone Cheese.

Tuna Melt \$11.99

Choice of Tuna on Marble Rye with Swiss Cheese and a choice of condiments.

Falafel Pita \$11.99

Falafel Patties with Cucumbers*, Onions*, Tomatoes*, Sprouts, and Yogurt Dill Sauce on pita.

Just Grilled Cheese \$4.99

Choice of bread with choice of cheese. (No side included. All additions cost extra. Add veggies \$.99/ea. See more extras in the Build-Your-Own options).

Just Meat & Cheese \$8.99

Choice of bread with choice of cheese and meat. (No side included. All additions cost extra. Add veggies \$.99/ea. See more extras in the Build-Your-Own options).

Sides: Potato Chips, Tortilla Chips, Veggies*



Build Your Own Sandwiches

All Build Your Own Sandwiches come with two condiments, veggie toppings, and a side * = Organic

Sandwich Base Price \$11.99

Meat + Cheese or Meat substitute + Cheese: \$11.99

Bread

Sourdough*, Wheat*, Marble Rye, Ciabatta, Whole Wheat Tortilla*, Gluten-free Bread, Gluten-free Brown Rice Wrap (Denfeld only), Pita

Meat or Meat Substitute (choose one, options may vary)

Oven-Roasted Turkey, Smoked Turkey, Roast Beef, Black Forest Ham, Pastrami, Black Bean Burger, Hummus, Marinated Portabella Mushroom Cap, Florentine Burger

Cheese (choose two slices of cheese)

Cheddar, Swiss, Provolone, Pepper Jack, Vegan Cheese (ask deli counter clerk for current offerings)

Condiments (choose two condiments)

Chipotle Spread, Dijon Mustard*, Canola Mayonnaise, Veganaise, Volcanic Horseradish Sauce, Yogurt Dill Sauce

Veggies

Cucumbers*, Roasted Red Peppers, Onions*, Tomatoes*, Spinach*, Sprouts, Black Olives, Green Peppers*

Extras

Meat/Meat Substitute: \$2.99/ea, Slice of Cheese: \$0.49, Pesto: \$1.29/portion, Avocado Half: \$1.99/ea, Pickle: \$0.49, Side: \$0.99, Condiment: \$0.49