

Seedlings Growing Guide

WHOLE FOODS CO-OP

2022





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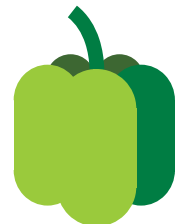
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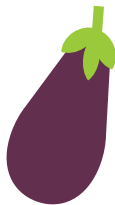
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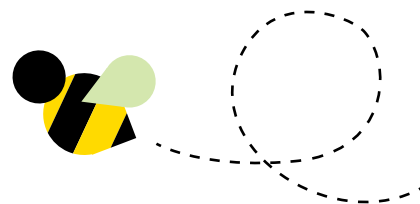
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Meet the Growers



DULUTH FLOWER FARM

📍 Duluth, Minnesota

Brook and Derek Hoffbauer, owners of Duluth Flower Farm, have been a great Local partner in providing fresh-cut, beautiful bouquets and floral arrangements available from early spring to late fall at the Co-op. During transplant season, they provide strawberry plants and hanging strawberry baskets along with MN hardy blueberry bush varieties; look for them this season at the Co-op!



FAIRHAVEN FARM

📍 Saginaw, Minnesota

Alongside their vegetable CSA, farmers Emily and John are honored to be providing the Co-op with a selection of annual vegetable, herb and flower bedding plants. Their rural farmstead is located 25 minutes north of Duluth where they focus on heirloom and rare varieties, but also offer fan favorites. Fairhaven Farm employs clean growing practices, meaning they do not use any pesticides, herbicides or other harmful chemicals on their plants. Their hand-seeded plants are also bee-friendly and free from neonicotinoids.



RICE LAKE GARDENS

📍 Duluth, Minnesota

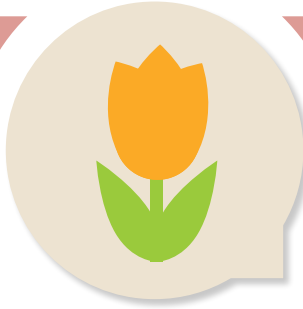
Rice Lake Gardens is providing annual flower hanging baskets and hanging tomatoes this season! Rice Lake Gardens is a locally owned greenhouse in Duluth, MN. All of their plants, vegetables and herbs are seeded by hand, on location and include hundreds of different varieties.



SHOREVIEW NATIVES

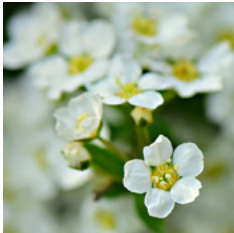
📍 Two Harbors, Minnesota

Shoreview Natives is dedicated to helping home and business owners transition outdoor spaces into landscapes that support aesthetic, ecological, economic and social goals. Shoreview Natives services directly support efforts to help declining populations of monarch butterflies, native bees, honeybees, and a host of other pollinator species exhibiting major population crashes. Most seeds are sourced regionally within Lake, Cook and St. Louis Counties of Minnesota.



Flowers

ALYSSUM



Sweet

Sweet Alyssum (also known simply as Alyssum), is a low-growing, sprawling plant with dense clusters of sweet-smelling white flowers that provide a lovely scent in your garden all season long. Great planted as borders or in hanging

baskets. Flowers are edible once opened. Plants reach about 4" tall. The low-maintenance plants also attract and support beneficial insects. Prefers sun/partial shade and average, well-drained soil. Annual.

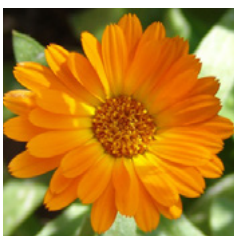
BACHELOR'S BUTTONS MIX

(also known as *Centaurea* or *Cornflower*)



Old-fashioned favorite, prized by florists for their colorful blossoms in blue, white, pink and purple tones. These easy to grow abundant plants will flower all season long, if regularly harvested. The flowers are edible and make a great addition to summer salads

CALENDULA (also known as *Pot Marigold*)



Pacific Beauty Mix

A blend of single and double orange, gold, yellow and cream-colored flowers. Calendula will bloom early and continue to provide flowers all season long. Well-branched plants with tall, straight stems makes for a great cut flower. Fresh petals are

edible and make a lovely addition to salads. Prefers cool conditions. Will reach 12 – 24" tall. Prefers sun/part shade and rich, well-drained soil. Annual.

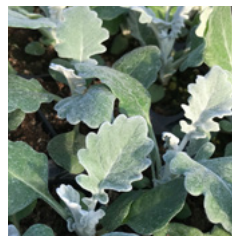
COSMOS (also known as *Garden Cosmos*)



Sensation Mix

Tall plants with a mix of single flowers, in lavender, pink, magenta and white. Low-maintenance and will withstand the first mild frosts of fall. Great productive cut flower for bouquets. Blooms are 3 – 4" across, 2 – 5' tall plants. Prefers sun and average soil. Annual.

DUSTY MILLER



Silver Dust

This fuzzy-leaved plant provides an interesting texture and contrast for landscaping, container gardens and hanging baskets. The silvery-gray foliage also makes a great filler for bouquets and boutonnieres. The plant requires minimal maintenance once established although it may want a midsummer trim if it becomes leggy. Flowers may be removed to keep the plant compact. 6 – 12" tall. Prefers sun/afternoon shade, and well-drained soil. Will tolerate light frosts. Annual.

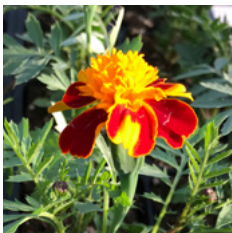
MARIGOLDS



Orange Flame

Features bold color patterns in bronze-red and bright orange that resemble flames (hence the name) on double blooms. This low growing, compact French Marigold variety is distinctly-fragrant and makes a great ornamental plant. Fun

fact: French Marigolds are not actually French, but a member of the daisy family and native to the Americas. Commonly used as a companion plant for many vegetable plants because they are said to repel harmful insects. Warning: Not all French Marigolds are edible. 10 – 12” tall. Prefers full sun and average, well-drained soil. Annual.



Petite Mix

A dwarf mixture of brightly-colored, crested French Marigolds. Very easy to grow in containers or garden beds. Warning: Not all French Marigolds are edible. 10 – 12” tall. Prefers full sun and average, well-drained soil. Annual.

PETUNIA



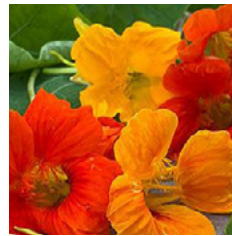
Balcony Mix

This heirloom petunia was popular in the early twentieth century but has been nearly lost to cultivation due to interest in modern varieties. These lovely, fragrant blooms come in a range of colors from rose to lavender to purple. The trailing

plants are great for hanging baskets, window boxes and container gardens. Fertilize your plants monthly to ensure good growth and remove faded/dead flowers to prolong blooming. 6 – 10” tall. Heat tolerant. Prefers sun/partial shade and rich, well-drained soil. Annual.

NASTURTIIUM

(also known as Garden Nasturtium and Indian Cress)

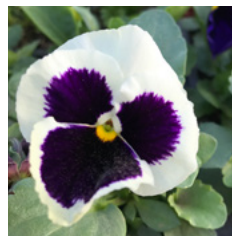


Nasturtium Trailing Mix

Heirloom variety with yellow, orange, and red blooms. The flowers and foliage are edible. They have a spicy, peppery flavor and are great for adding color to a salad mix or flavoring butter or cream cheese.

Grows several feet tall if you let it climb a fence or arbor. Prefers full sun/partial shade and average (not high in nitrogen), well-drained soil. Annual

PANSIES *(also known as Johnny-Jump-Ups, European Field Pansy, Hybrid Violet, Heart's Ease)*



Majestic Giants

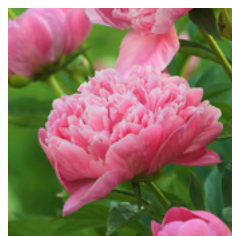
Features 3 – 4” blooms in a variety of colors. Edible flowers make a great garnish for salads or desserts. Deadhead for continuous blooms. 6 – 8” tall. Prefers sun/partial shade and rich, cool, well-drained soil. Annual.



Historic Pansies

Heirloom mixture of multi-colored blossoms. Great for containers or for ornamental border plantings in garden beds. 6 – 8” tall. Prefers sun/partial shade and rich, cool, well-drained soil. Self-seeding Biennial.

PEONY



Spring to summer bloom, full sun, well drained soil, leaves are a glossy green that fade to golden brown in the fall. Makes a good border plant as a low shrub. Trim flowers as they begin to droop to encourage growth. Deer resistant, low maintenance. Perennial.

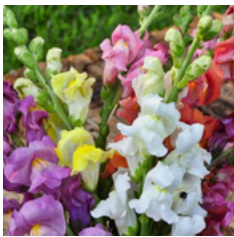
SALVIA



Salvia Sizzler

Early Summer bloom, dense and vibrant plants that are 12" tall and 8-10" across. Full sun to partial shade, prefers high humidity and well drained soil. Burgundy, purple, and red blooms. Makes a great accent to a flower bed or centerpiece arrangement. Annual.

SNAPDRAGONS



Rocket Mix

This "all-season" mix includes shades of rose, cherry, pink, orchid, red, golden-yellow, lemon-yellow and white. Resistant to heat, tall, multiple spikes, strong and consistent, dead-head for more blooms. It is a great cut flower and looks lovely

in bouquets. The flowers are edible and can be used for a colorful garnish in salads, desserts, and drinks. However, their flavor is slightly bitter and floral, so use sparingly. Survives light frost in the fall. 30 – 36" tall. Prefers sun/partial shade and rich, well-drained, moist soil with neutral pH. Annual

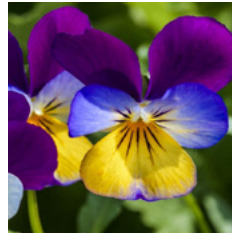


Costa Mix

Early mix for spring and summer production. This mix may include rose, silver (very light pink), white, velvet (burgundy), and apricot. A great cut flower, known for exceptionally strong stems, high yield, and uniformity. The flowers

are edible and can be used for a colorful garnish in salads, desserts, and drinks. However, their flavor is slightly bitter and floral, so use sparingly. 30 – 36" tall. Prefers sun/partial shade and rich, well-drained, moist soil with neutral pH. Annual.

VIOLAS (also known as Johnny-Jump-Ups, Pansy and European Field Pansy, Hybrid Violet, Heart's Ease)



Johnny-Jump-Up

Delicately fragrant flowers are edible and make delightful garnishes. Very winter hardy and eager to self-sow in the shade of summer plants, Violas are cheerful surprises in the cool months. Johnny-Jump Up is tricolored in bright purple,

yellow and white. Deadhead for continuous blooms. 4 – 6" tall. Prefers sun/partial shade and rich, cool, well-drained soil. Perennial.

ZINNIA



Benary's Giant Mix

Prized by florists for their abundant, high-yielding growth, vibrant colors and long vase life. Produces 4 – 6" double blooms resembling dahlias. Pinch to encourage branching and to produce taller stems. Harvest regularly for continuous blooms.

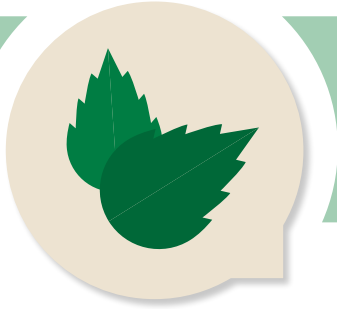
Bouquets last longer if you change the water in the vase every two days and keep out of direct sunlight.



State Fair Mix

Produces massive 5" blooms with very tall and sturdy stems. Variety of colors. Warm reds and oranges, soft yellows, vibrant purples. Pinch to encourage branching and to produce taller stems. Harvest regularly for continuous blooms. Bouquets last

longer if you change the water in the vase every two days and keep out of direct sunlight.



Herbs

BASIL



Genovese

68 days

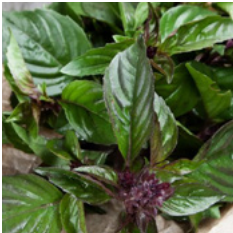
Strong, dark green glossy leaves make the perfect pesto! Very tender leaves also make for great fresh use. A must have for any kitchen herb gardener.



Greek

55 days

This uniformly round bush-type basil plant produces miniature leaves that are great for garnish, salads, dressings. Compact plant that is great for containers.

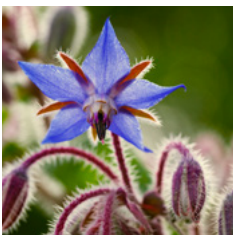


Thai

63 days

Exotic clove-licorice flavor perfect for Thai cooking. Flavor curries with fresh leaves, infuse when steaming rice, or add to stock for a well-rounded flavor.

BORAGE



Borage

A great for addition to a pollinator habitat planting. They're attracted to the edible blue flowers that produce over the summer. Plenty of blooms allows for a beautiful garnish to a summer salad.

CATNIP



Common

Cats and bees love this herb but it has lots of human uses. Green leaves are good for tea. Both the soft lavender-blue flowers and the green foliage are aromatic on these 18 – 36" tall plants. Plant in full sun. Perennial.

CHAMOMILE

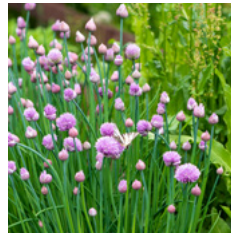


German

70 days

Tastes delicious in a fresh salad and makes a comforting tea that's great before bed. Will self-seed annually and will easily establish itself in your garden for years to come.

CHIVES



Chives

63 days

Quick growing and produces a medium-heavy chive. Great for drying or freezing. Adds sweetened onion flavor to mashed potatoes or a leek and potato soup.

CILANTRO



Santo

55 days leaf, 95 seed

Excellent variety for adding to South American dishes and will yield seed for drying into coriander. A great fast-growing herb for within arm's reach of the kitchen.

LEMON BALM



Lemon Balm

70 days

Strongly lemon-flavored leaves. Used in teas and also sparingly in salads. Mulch in the fall to increase chances of overwintering.

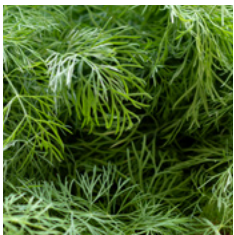
DILL



Bouquet

55 days leaf, 95 seed

Great versatile Dill used for both fresh leaf and fresh or dried seed/flower. An essential ingredient for great fall pickles.



Green Sleeves

45 days

A faster growing variety suitable for containers. Makes for easy reach to fresh Dill added to fish dishes or served with cheese and crackers.

LOVAGE



Lovage

90 days

A very unique and very hardy perennial herb. Tastes like celery and is quick to sprout in the spring making it wonderful for early season soups and salads. Can grow up to five feet tall when well established

and rooted in loose rich soil.

MARJORAM



Sweet

Flavor similar to Oregano but sweeter and milder. Annual in our area, can be brought indoors for a kitchen plant. Sun. 8 – 24" tall.

LAVENDER

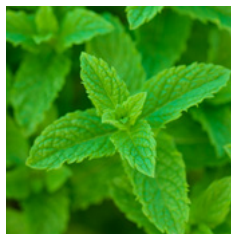


Mustead Type

100-110 days

Compact English lavender with a compact habit. Wonderfully fresh scent and flowers that range from a deep purple to a soft white. Hardy to zone 5-8, but in our Northern area it is best to mulch and plant in a south facing location to increase chances of survival.

MINT



Spearmint

70-80 days

A versatile and common mint used for flavoring iced teas, salads and serves as a garnish in creamy desserts. A perennial that will easily establish to your garden. Plant in containers to avoid taking over the garden or establish a mint patch.

OREGANO



Greek Oregano

80-90 days

Essential herb for Italian and Greek cooking. Dark green leaves and white flowers with a strong aroma and flavor. A hardy perennial that is great fresh or dried.

SAGE



Fanni

80-90 days

A staple of the herb garden. Savory with a high oil content, sage will yield different results when used fresh or dry. Try infusing several fresh leaves into a white-wine sauce over a mushroom fettuccine. In a dried form it can be used to flavor a variety of soups and sauces.

PARSLEY



Curly

75 days

Indispensable herb and staple ingredient in soups, stocks, sauces, and salads. The curly leaves are lofty when minced. Multiple cuttings can be taken all season long.



Giant Italian Flat Leaf

75 days

Similar flavor but a flat texture makes flat leaf parsley virtually the same as curly. However, this variety is much larger as the name implies.

THYME



Thyme

90 days

One of the most versatile herbs that can be used to flavor almost any meat or vegetable dish. Used fresh or dried thyme brings an earthy, savory flavor to your dish.



Creeping Thyme

Grows low to the ground and sprawls into open spaces. Makes attractive ground cover for landscaping. Very hardy and can grow in most soil types and light conditions, but prefers moist soil and partial shade. Will establish in first

year and begin to spread in year two. Deer resistant, edible with a slightly minty aroma and flavor, serves as a habitat for pollinators like bees and butterflies. Has soft short needles and bright lavender color flowers. Perennial evergreen.

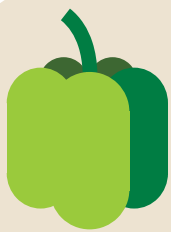
ROSEMARY



Rosemary

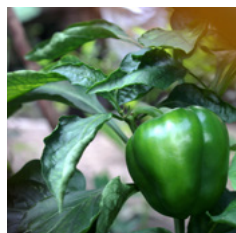
80-100 days

Pine scented, savory, culinary favorite. Can be grown in containers or in a pot and brought inside over winter. Native to the Mediterranean Rosemary can be used to flavor countless dishes.



Peppers

BELL PEPPERS

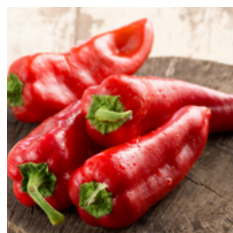


King of the North

60 days green, 72 red

Standard bell pepper suitable for northern climates. Plant early and, if possible, under plastic or in a greenhouse for increased chances of turning red. Strong stout plants.

HOT PEPPERS *(continued)*

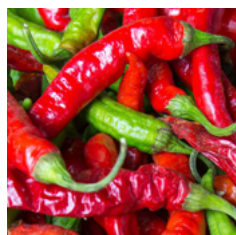


Lyons Red

65 days

Medium sized Anaheim-type pepper that turns from green to red. This is a fun variety unique to Fairhaven Farm. We acquired the seeds from a farmer in Lyons Colorado and now grow these on our farm. Great for grilling, stuffing, or drying

HOT PEPPERS



Cayenne Ring of Fire

40 Days Green, 60 red

A shorter pepper plant that grows dense bunches of peppers up to 4 inches long. Peppers are vivid red in color when fully ripe but can be harvested and used when green. Commonly dried to make chili powder but are also used fresh. Annual



Magnum Habañero

90 days

Orange thin flesh that is extremely hot. Freeze or dry for long-term storage.



Early Jalapeño

65 days green, 85 red

Works well in containers, a sturdy plant that produces prolific spicy fruits. Earlier than most standard jalapeño varieties

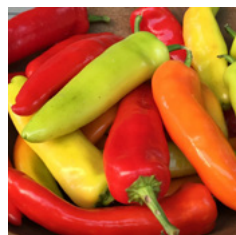
SOUTHWESTERN



Ancho Poblano

68 days green, 85 red

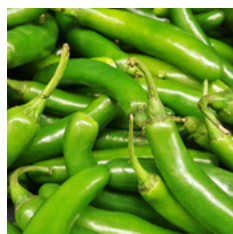
Mild chili traditionally used for stuffing or roasting. Can be harvested when fully ripened and dried to create Ancho seasoning.



Hungarian Hot Wax

59 days yellow, 84 red

A fan favorite, great medium heat waxy pepper great for frying or pickling. Heat grows as peppers mature from yellow to red. Very productive.



Impala Serrano

75–80 days

Peppers average 3–3 1/2 inches. High yield. This variety has performed very well in hot, humid areas. The dark green fruits are traditionally used green but also make fine chipotles if allowed to ripen to red.



Tomatoes

CHERRY TOMATOES



Black Cherry**

64 days

Fruits almost black in color and a very deep satisfying flavor. High yielding plants will produce large amount of round fruits.



Sweetie**

65 days

Super sweet cherry tomato with high sugar content, great for eating right off the vine! Great vigor and reliability with masses of 1.5" round cherries in long clusters.



Sungold**

57 days

Intense fruity flavor, exceptionally sweet, bright tangerine-orange cherry tomato. Vigorous plants start yielding early and bear right through the season. The taste can't be beat.

MID-SIZE



Black Krim**

80 Days

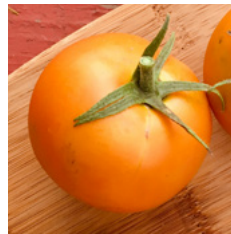
A very unique variety that produces deep brown/red fruits that have a smoky flavor and nice texture. High yielding plants.



Green Zebra**

70-85 days

These medium sized green-when-ripe fruits start out pale green with dark stripes that soften and turn slightly yellow as they mature. They have a very distinct flavor that is zingy and sweet. A very unique selection.



Jaune Flamme**

75 days

Prolific French heirloom with a sweet fruity flavor. A great salad tomato and can also be used for saucing and drying.



Principe Borghese*

70 – 75 days

The Italian heirloom that is famous for sun drying. Small, 1 – 2 oz. grape-shaped fruit; very dry with few seeds. Rich taste is wonderful for sauces. Yields clusters of fruit in abundance.

* **DETERMINATE:** (bush) varieties do not need pruning and may be grown with or without support; fruit ripens within a concentrated time period.

** **INDETERMINATE:** (climbing) varieties should be staked, trellised or caged, and pruned for best results; fruit ripens over an extended period.

SLICERS



Brandy wine**

82 days

A well-loved heirloom that produces big-beautiful fruits with a luxurious flavor that cannot be beat! Pick just before ripened to avoid cracking. Makes the best tomato, cucumber, mayo sandwiches!



Cherokee Purple**

80 days

Dusty rose-brown fruits weighing up to 12oz. One of the most popular heirloom varieties we grow. Very sweet flesh.



German Johnson**

75 days

A deep pink beefsteak type tomato with excellent and complex flavor. Relatively early producer for such large fruits.



Italian Heirloom**

70-80 days

Outstanding variety from Italy with full tomato flavor. Excellent yields and ideal for slicing and canning given its meaty interior.

PASTE



Amish Paste**

76 days

Reliable tomato with meaty, juicy interior. Great dual-purpose tomato, big and flavorful enough for slicing and few seeds making it ideal for processing.



Roma*

65 days

Productive plum tomato with thick-walled fruits and mild flavor. Great for processing. Expect heavy yields on stout plants.



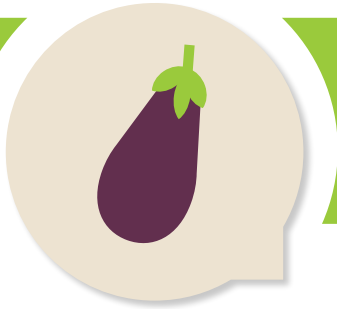
San Marzano**

80 days

Classic Italian paste tomato. Easy to remove skin and excellent flavor makes this a perfect tomato for sauces and paste.

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Vegetables & Vines

BROCCOLI



De Cicco

48 Days

A wonderful multi-cut variety that produces a small 3 – 4" central head and tons of side shoots. This variety matures early and yields bunches of broccoli up to four weeks!



Waltham 29

80-85 days

Great spring broccoli that produces a 5 – 6" head on longer stalks on compact plants. Ample side shoots are great for bunches of smaller heads.

BRUSSEL SPROUT



Long Island

100 Days

Open-pollinated variety dating back to the nineteenth century. Expect heavy yields if planted in rich soil and full sun.

CABBAGE



Copenhagen

65 days

Heirloom Dutch variety that yields medium sized heads that are ideal for the home garden.



Golden Acre

62 days

Compact variety that is relatively early. Great for dense plantings, though it is more suitable for a spring planting as the harvest window is short.



Red Express

62 days

Compact habit with smaller heads that size up quickly for a spring treat. Can be planted at 8 inch spacing and expect a 2-4lb head.

CAULIFLOWER



Snowball

70 days

Old American standard with ivory, self-blanching head and green stems. A reliable cauliflower from Baker Creek Seeds.

CHARD



Rainbow Blend

60 days

A mix of reds, yellows, oranges, and pinks make this mix of chard a beautiful addition to your garden!

COLLARDS



Champion

70 days

A reliable producer of plentiful nutritious leaves. Compact variety is great for the home garden.

EGGPLANT

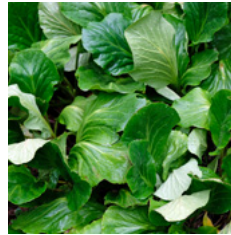


Black Beauty

65 days

Classic Italian eggplant yielding large bell-shaped purple fruits. A compact variety will benefit from staking to help maintain upright structure with large fruits.

GREENS



Asian Greens Mix

45 days

A mix of Tatsoi and Pac Choi. Each grow quickly and prefer cooler weather. Pac Choi will form a bulbous base and Tatsoi will form a dense multi-leaf floret. The entire plant is edible, and both are excellent eaten in stir-fry or salads.



Endive (Frisse)

60 days

A frizzy endive with frayed leaves and tender white interior. Greens are slightly bitter but are wonderful with radish in a spring salad.



Lettuce Mix

40-45 days

A mixture of different lettuces from Seed Savers in Decorah, Iowa. A variety of colors and textures sure to please.

KALE



Kale Mix

50 days

A mix of three different varieties: Red Russian with purple stems and great fan-like leaves. Dwarf Green Curled, a compact variety with deeply curled and very tender leaves. And Dazzling Blue, a Lacinato

type kale with leaves and stems that range from deep green to purple. All are extremely cold tolerant and will yield nutritious leaves all season long!

TOMATILLO



Toma Verde

60 days

Very early variety with a tart flavor that sweetens over time. Ready to harvest after the husk splits and the fruit color changes from a yellow green to medium green.

ONIONS



Evergreen Hardy

65 days

Green onion that is great for fresh eating or lightly cooked. Can over-winter if properly protected and will grow into a dense patch if allowed.

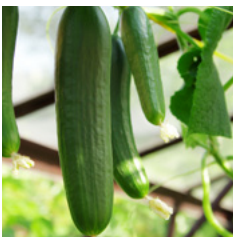


Rosa di Milano

110 days

A great fresh red onion. Will store but for a shorter time than Dakota Tears. Good raw in salads and on tacos!

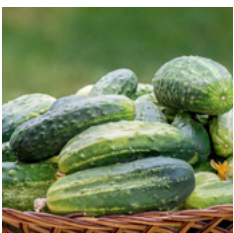
CUCUMBER



Marketmore 76

58 days

Standard slicing cucumber in the North bearing 8 – 9" fruits. Easily harvested if the vine is trellised. Takes a little longer for plant to bear fruit but has a very long harvest window.



Max Pack

55 days

A vigorous vine that produces ideal pickling cucumbers. Average fruit is 4 inches long with a small seed cavity

PUMPKIN



Jack Straw

90-100 days

Classic Jack O Lantern shape and size, rich orange color and deep grooves, can grow up to 25lbs. Annual.



New England Pie

105 days

Classic pie pumpkin weighing between 4-6lbs. Average of 3-4 fruits per plant. Dark orange color. Makes perfect homemade pumpkin pie!

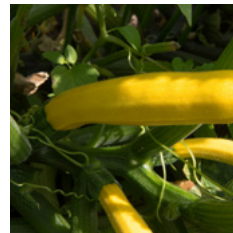
SUMMER SQUASH



Black Beauty

50 days

A great standard zucchini, deep green color. Expect abundant yields of uniform fruit all season long!



Golden Zucchini

50 days

Much like it's green counterpart but a vibrant yellow. When grown together they make for a wonderful contrast when eaten raw or cooked.

WINTER SQUASH



Acorn (Tuffy)

50–55 days

An attractive, high yield Acorn squash, producing on average 5 fruits per plant. Perfect for baking. The flesh is deliciously sweet.



Blue Ballet (Hubbard)

95 days

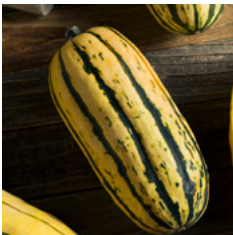
Tear-drop shaped fruit is smaller than the usual Hubbard squash making it easier to grow and store. Very sweet flesh and blue-gray skin.



Burgess (Buttercup)

95 days

Prolific plant with up to 10-12 fruits per plant. Very long vines can develop with 3-5lb flattened-teardrop fruits. A New-England favorite.



Delicata

80 days

A northland favorite! This compact variety produces 1.5-2lb fruits that ripen from a creamy white with green streaks to a buttery yellow. Will hold for some time in the root cellar and is great split in half and baked with butter and fresh herbs.



Spaghetti

88 days

Oblong, medium sized fruits have very sweet flesh. Bake or boil and the flesh will separate into long noodle-like threads. Top with some sauce and you're in business.



Waltham (Butternut)

105 days

Great keeper if properly stored. The tan skin peels easily and the bright yellow-orange flesh is great in soups or roasted.

MELONS



Minnesota Midget

60-75 days

Extra-early variety bred by the University of Minnesota in 1948. Can be grown in containers as the vines only reach about 3' long. Very sweet 4" fruits have golden-yellow flesh.



Pride of Wisconsin

90-100 days

A great heirloom variety introduced in 1937 in Wisconsin. Football shaped 4-8lb muskmelons develop with striking orange and sweet interior.

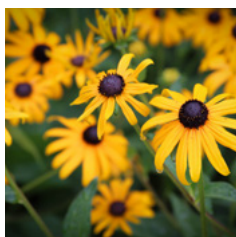
Perennials

NATIVE PERENNIALS



Bee Balm

Bee balm is a great addition to a pollinator garden. The flowers attract hummingbirds, butterflies, and bees; and the seed heads will attract birds in the fall and winter.



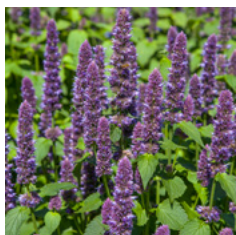
Black-Eyed Susans

The plants can grow to over 3' tall, with leaves of 6", stalks over 8" long and flower diameter of 2 to 3 inches. Butterflies, bees, and a variety of insects are attracted to the flowers for the nectar. Blooms from June to October.



Blue Flag Iris

A clump-forming plant with bluish-green, sword-shaped leaves. Easy and attractive to grow, especially along the margins of water features. 2 – 3' in height and spread.



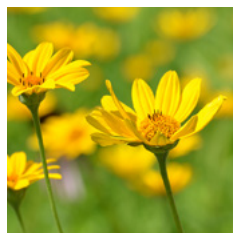
Blue Giant Hyssop

A 2 – 4' perennial with dense, terminal spikes of small, tubular, bright blue flowers. Leaves are opposite, oval, toothed and whitish beneath give off the scent of anise when bruised. The sturdy, erect blue giant-hyssop is of the most ornamental native mints.



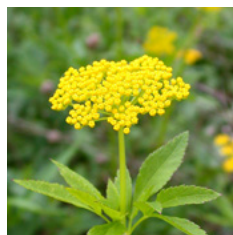
Common Milkweed

May not flower in first year, but monarchs will still lay eggs in young plants. Once established will flower from June to August.



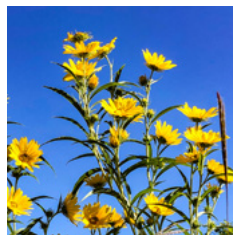
Early Sunflower

This yellow beauty looks similar to the true sunflower but blooms earlier and longer, making it a must-have in the summer garden or meadow. Gorgeous, tall blooms make great cut flowers!



Golden Alexander

A member of the Carrot (Apiaceae) family with yellow umbel flowers. Golden Alexanders have a long bloom time, giving the garden/prairie some well-deserved early color for several weeks in late spring to early summer when many other plants have not yet flowered.



Maximillian Sunflower

Grows to up to 6 feet in the summer and produces brilliant yellow flowers through the fall months. Attracts honeybees, song birds, and butterflies. Full sun with room to grow preferred.



New England Aster

The magnificent blooms of New England Aster highlight the late season landscape with rich colors ranging from deep violet to lavender-pink, with yellow-orange centers. Large and showy this aster can grow up to six feet high. Like most asters it blooms late in the season and provides a critical fall nectar source for pollinators, especially Monarchs as they stock up for their fall migration to Mexico.

NATIVE PERENNIALS *(continued)*



Slender Leaf Mountain Mint

An erect, many-branched, herbaceous perennial that grows 2-3' tall and features extremely narrow, almost needle-like leaves and profuse terminal clusters of small, white flowers which bloom in mid to late summer. All parts of the plant emit a strong, mint-like aroma when crushed.



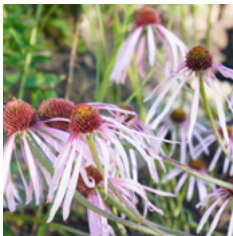
Swamp Milkweed

Mature in 4-8 weeks, flowers in first summer. Attracts monarch butterflies. Blooms from June to August.



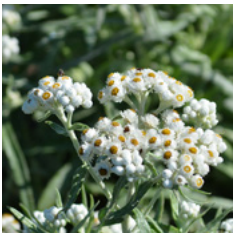
Tall Blazing Star

Plants are up to 5' tall and unbranched with narrow somewhat grass-like leaves. In late summer spectacular rosy purple flower spikes are frequented by Monarchs, Painted Ladies and other supermodel butterflies. Plants are tough and drought tolerant prospering in sunny sites with lean dry soils.



Pale Purple Coneflower

A favourite nectar source for butterflies and hummingbirds, Pale Purple Coneflower produces large, showy flowers with drooping pale pink petals. Blooms in early summer, plants are up to 5' tall. In the fall, birds love it for its seeds. A very long living plant and very drought tolerant.



Pearly Everlasting

Grows clusters of small round flowers. Sun to part shade, grows up to 3 feet tall and will self-propagate over the years. Low maintenance. Attracts pollinators with its nectar. Blooms in late summer.

NATIVE PERENNIALS *(continued)*



Prairie Coreopsis

Produces beautiful yellow flowers in mid summer. Grows to a height of around 2 feet. Very popular with bees and other pollinators.

Pollinator Pack

A mix of six plants chosen by Shoreview Natives. Packs typically include milkweed, bee balm, stiff goldenrod, hyssop, columbine, and mint.

BLUEBERRIES



Chippewa

Chippewa blueberries bear large fruits on a compact plant with exceptional cold-hardiness. Plant two or more cultivars to ensure successful pollination and fruit set.



Superior

Medium, sweet-tart berries ripen in late season. Matures the majority of its fruit about 1 week later in the season than other blueberry varieties that can be grown in Zones 3 and 4 and also because of its exceptional productivity in cold climates.

Blueberry plants will start to bear a few berries 2 to 3 years after planting. You'll get a larger harvest after 5 years. Plant no closer than 4ft. apart. They prefer acidic soil.

Source: <https://www.extension.umn.edu/garden/yard-garden/fruit/blueberries-for-home-landscapes/>

STRAWBERRIES



Evie-2

An ever bearing plant that continually produces strawberries throughout the season. This day-neutral strawberry variety has a large firm berry with good flavor that also has good freezing quality. Plant bears fruit 12-14 weeks after planting.