

Community Cooperators, continued

**Lisa Casperson,
Wizard of Wash-n-Wear Hair**

Catwalk Salon, 3623 Woodland Ave—Duluth
218/728-6400 www.lisacasperson.com

WFC Owner Benefit: Complimentary conditioning treatment or brow/lip wax with your first service.

Magic Box Photography

1009 E 8th St—Duluth
218/728-9959 www.magicboxphotography.com

WFC Owner Benefit: 20% off any photo session. Not valid with any other coupon or offer.

Moving Waters Counseling

8 N 2nd Ave E #310—Duluth
218/722-1920 www.movingwaterscounseling.com

WFC Owner Benefit: 50% off your initial session

Old World Windows

431 E 5th St—Duluth
218/728-1218

WFC Owner Benefit: 10% discount on window washing

Playing With Yarn

276 Scenic Dr—Knife River
218/834-5967 www.playingwithyarn.com

WFC Owner Benefit: All non-yarn purchases count towards your yarn card in addition to yarn purchases.

Rolf Structural Integration

2208 Springvale Ct—Duluth
218/723-0081 rosslynk@hotmail.com

WFC Owner Benefit: 50% off one Rolf Structural Integration, Swedish Massage or pre-natal massage session.

Snoodle Ceramic Studio & Gallery

7107 Grand Ave—Duluth
218/310-8903 www.snoodleceramicstudio.com

WFC Owner Benefit: When one person pays for a one hour lesson, the second person is free. Offer is good when two people set appointment at the same time. One time offer.

Members not in good standing and non-Members are not eligible for these discounts.

The discounts in this brochure are valid until June 30, 2009.

Women Circling Women

We meet at Coppertop Church, but questions should be referred to the number below.
715/364-8509 www.womencirclingwomen.com

WFC Owner Benefit: 50% off one yoga class, first visit free to Mothersong, a family singing circle.

Yarn Harbor

103 Mount Royal Shopping Circle—Duluth
218/724-6432 www.yarnharborduluth.com

WFC Owner Benefit: One time 15% discount on yarn purchase. Not available with any other store sales.

Zen Shiatsu

DeWitt-Seitz Marketplace 394 S Lake Ave #322 — Duluth
218/848-2696 www.asianbodywork.org

WFC Owner Benefit: 15% off any Shiatsu treatment. Not available with other discounts.



4th Street & 6th Avenue East
Duluth, MN

218/728-0884

open 7am – 9pm every day

Printed on recycled paper

Community Cooperation Program



a WFC member benefit

The Community Cooperation Program (CCP) is designed to highlight local, independently owned businesses in our Co-op community. Please support the businesses that support you.



Community owned since 1970



Your Community Cooperators

As a Whole Foods Co-op MEMBER OWNER in good standing, you can receive discounts at local business. Simply present your valid membership card at the participating businesses and receive the benefit listed here.

The Amazing Alonzo Paperback Exchange

1831 E Superior St—Duluth
218/724-3431 barbplumb@yahoo.com

WFC Owner Benefit: 10% off your purchase price. Not valid with any other coupon or offer.

Auto Lube

601 E 4th St—Duluth
218/722-9922 lhipp913@yahoo.com

WFC Owner Benefit: \$2.00 off any oil change.

Awakening Spirit Holistic Therapy

7595 Bear Trap Junction Rd—Saginaw
218/729-4524 chatana@copper.net

WFC Owner Benefit: \$10 off first time 60-minute treatment or 10% off on-site reflexology/aromatherapy session with parties of four or more. Complimentary consultations.

Bob Gabres Therapeutic Massage

2020 E 2nd St—Duluth
218/391-9155

WFC Owner Benefit: 15% off any massage. Not valid with any other discounts.

Booth Financial Advisors

1713 Eklund Ave—Duluth
218/393-1998 www.boothfinancialadvisors.com

WFC Owner Benefit: Free no obligation financial review (asses your current financial situation, assist you in determining your financial goals, set a plan to ensure success)

Catherine Imports

11 E Superior St—Duluth
218/722-7514 catherineimports@charter.net

WFC Owner Benefit: 10% off any jewelry purchase.

Deep Peace Wellness Studio

31 W Superior St—Duluth
218/341-3411 edewitt4970@msn.com

WFC Owner Benefit: 10% off all healing sessions. Not valid in conjunction with other coupons or gift certificates.

Duluth Natural Medicine & Chiropractic

1731 London Rd—Duluth
218/724-4525 www.duluthnaturalmedicine.com

WFC Owner Benefit: 50% off your initial Natural Health Evaluation – includes Computerized Symptom Survey, Heart Rate Variability and Nutrition Response Test. Also, discounts on Chiropractic and Massage.

Dwelling in the Woods

14044 220th St—McGrath
320/592-3708 www.thedwellinginthewoods.org

WFC Owner Benefit: \$10 off a stay at The Dwelling. One time offer.

Eco

517 Garfield Ave—Duluth
218/626-1118 www.ecolivingspace.com

WFC Owner Benefit: \$50 cash back on purchase of any of our eco-friendly flooring material of \$500 or more. Offer not good with other promotions.

Everyday Yoga and Ayurveda

21 N 28th Ave E—Duluth
218/728-9942 grihastashrami@gmail.com

WFC Owner Benefit: 50% off one yoga class

Fitger's Wine Cellars

600 E Superior St—Duluth
218/733-0792 www.fitgerswinecellars.com

WFC Owner Benefit: 10% off organic and biodynamic wines in the “Organic” section of the store.

4th Street Super America

602 E 4th St—Duluth
612/529-1650 www.curtisoil.com

WFC Owner Benefit: \$0.03 per gallon discount off gasoline purchase with presentation of valid membership card. Not valid with any other discount offers. Offer subject to market conditions & possible suspension & limitation.

Green Mercantile

209 E Superior St. — Duluth
218/722-1771 www.greenmercantile.com

WFC Owner Benefit: 5% off adult clothing excluding socks & underwear.

Harmonized Spaces

PO Box 3125—Duluth
218/310-6060 www.harmonizedspaces.com

WFC Owner Benefit: One time free half-hour consultation – a \$25 value.

Healing Ways

1419 Sundby Rd—Duluth
218/722-2244 www.healingways.org

WFC Owner Benefit: \$10 off three Massage or Soulwork one-hour sessions. 20% off first three retail purchases. Consults are complimentary.

Institute For Whole Health

1525 London Rd—Duluth
218/722-4845 www.yourhealthandwellness.net

WFC Owner Benefit: A one time, new patient 30% discount on our in-office nutritional lab assessment which evaluates energy production, digestive function, stress physiology, and key vitamin & mineral status. Follow up appointment is required.

Last Chance Liquor & Wine Cellar

619 E 4th St—Duluth
218/727-6825 www.lastchanceliquor.com

WFC Owner Benefit: 10% discount on micro-brew beer as well as beer & wine making supplies.

Continued