Ctop deals

JAN 31 - FEB 13, 2018

sweet deals

VALENTINE'S DAY AND EVERY DAY

Your co-op loves you! Whether your favorite





2/\$5
Brown Cow
Cream Top Yogurt
32 oz., selected varieties



2/\$4
Kettle Brand
Potato Chips
5 oz., selected varieties



3.99
Talenti
Gelato
16 oz., selected varieties



2/\$4 Chocolove Chocolate Bar 3.2 oz., selected varieties



Love food, love local, love community.

Love from your co-op!



2/\$5 Blue Diamond Artisan Nut Thins 4.25 oz., selected varieties



Organic Valley Organic Cheese 8 oz., selected varieties



Woodstock Frozen Vegetables 10 oz., selected varieties

other frozen vegetables

also on sale





11.99 California Olive Ranch Everyday Extra Virgin Olive Oil 25.4 oz.





From appetizers and sides to the pasta main course

Make every meal memorable.



2/\$6 Organic Dressing 12 oz., selected varieties



Pacific Organic Soup 17-17.6 oz., selected varieties



2/\$5 Bionaturae **Organic Tomatoes** 24-28.2 oz., selected varieties



2/\$5 Taza Chocolate Organic Chocolate Bar 2.5 oz., selected varieties other Taza products also



1.69 San Pellegrino Sparkling Mineral Water 750 ml.



Savor the savings. Shop the co-op.



1.99

San-J Black Label Tamari 10 oz. San-J cooking sauces also on sale



2/\$4

Annie's Homegrown Organic Pasta & Cheese Dinner 6 oz., selected varieties



2/\$10

Table 5
Cornmeal Crust
Pizza
12.5 oz., selected
varieties



8.99

Applegate Naturals Family Size Chicken Nuggets and Tenders 16 oz., selected varieties



2.39

Field Day
Organic Tomatoes
28 oz., selected varieties



4.99

Beyond Meat The Beyond Burger 8 oz.



6.99

Dr. Bronner's Organic Coconut Oil

14 oz., selected varieties



1.49

Field Day Organic Beans 15 oz., selected varieties



2.29

Field Day Organic Broth 32 oz., selected varieties



°delicious taste, gluten free

Udi's believes that if you call something a pizza, it needs to taste outstanding. Udi's gluten free pizzas and pizza crusts are thin, crispy and absolutely delicious.

4.99

Udi's

Gluten Free Pizza

10-11 oz., selected varieties other Udi's pizzas also on sale



2/\$4
Garden Of Eatin'
Tortilla Chips

5-8.1 oz., selected varieties

Everyone welcome, every day!



2.99
So Delicious
Organic Coconut
Milk
64 oz., selected varieties



2/\$3
So Delicious
Coconut Milk
Yogurt
5.3 oz., selected varieties



Nuberry Pensegrange USDA ORGANIC

2/\$6
R.W. Knudsen
Organic Juice
32 oz., selected varieties



21.99
Amazing Grass
Green SuperFood
8.5 oz, selected varieties

Garden Of Life
Organic Sport Protein

28.4 oz., selected varieties other Garden of Life sport products also on sale



5.99Canyon Bakehouse
Heritage Bread
24 oz., selected varieties
other Canyon Bakehouse
products also on sale



3/\$5
Lifeway
Organic Kefir
Cups
5.3 oz., selected varieties





2/\$4
Noosa
Yoghurt
8 oz., selected varieties



3/\$4

The Greek Gods Seriously Indulgent Yogurt 5.3 oz., selected varieties



3/\$4

Good Culture
Organic Cottage
Cheese
5.3 oz., selected varieties





3.99 Immaculate Organic Cinnamon Rolls 17.5 oz.

other Immaculate products also on sale



3/\$4

Fage
Yogurt
5.3-7 oz., selected

varieties



Get-up-and-go goodness for busy mornings.





3.39
Nature's Path
Organic Love
Crunch Cereal
11.5 oz., selected varieties
other Love Crunch
products also on sale



8.99
Equal Exchange
Organic Love Buzz
Coffee
per pound in bulk



3.69
Arrowhead Mills
Pancake & Waffle
Mix
26 oz., selected varieties





23.99
Vital Proteins
Collagen Coffee
Creamer
10 oz., selected varieties
other Vital Proteins

products also on sale



2/\$6
Good Karma
Flax Milk
32-64 oz., selected varieties



2.99
Love Grown
Foods Cereal
7-12 oz., selected
varieties



2/\$6
Tazo
Tea
20 ct., selected varieties



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9.99

Bulk Organic Walnuts per pound in bulk



99¢

Bulk Organic Rolled Oats per pound in bulk



2.99

Bulk
Organic Shredded
Coconut
per pound in bulk



Organic ingredients and bulk breakfast buys.





Nelly's Organics Organic Bars 1.6 oz., selected varieties



3/\$4 Fruit & Nut Bar

1.4 oz., selected varieties



Base Protein Bar 2.46 oz., selected varieties



4.69 Organic Prairie Mighty Beef Jerky 2 oz., selected varieties



2/\$3 Organic Valley Organic Grassmilk Yogurt 6 oz., selected varieties



2/\$4 Organic Drinking Vinegar 13.5 oz., selected varieties



USDA

2/\$6 Organic Elixir 12 oz., selected varieties other Rebbl products also on sale



2/\$3 Coconut Water 17.5 oz., selected varieties



7.99 Woodstock **Organic Peanut** Butter 35 oz., selected varieties



2/\$3 Justin's Organic Peanut **Butter Cups** 1.4 oz., selected varieties



Crofter's Organic Premium Fruit Spread 16.5 oz., selected varieties

10-11 oz. Fruit Spread also on sale



Newman's Own Newman-O's 13 oz., selected varieties other Newman's Own products also on sale





committed to you

Nordic Naturals is committed to delivering the world's safest, most effective nutrients essential to health. With products for everyone, our award-winning omega-3 fish oils and other foundational nutrients are research supported, expertly formulated, rigorously tested, proven effective and best of all, great tasting.

21.99

Nordic Naturals Algae Omega 60 count 39.99

Nordic Naturals Ultimate Omega 2X 49.99

Nordic Naturals Ultimate Omega

Other Nordic Naturals products also on sale



2/\$10

Nature's Gate Shampoo and Conditioner 18 oz., selected varieties



39.99

New Chapter Bone Strength Take Care 120 ct. other New Chapter

Supplements also on sale



10.99

Weleda Skin Food 2.5 oz. other Weleda products also on sale



2/\$4

Aura Cacia
Bath Packets
2.5 oz., selected varieties
other Aura Cacia
products also on sale



12.99

Nature's Way
Umcka Coldcare Syrup
4 oz., selected varieties



2.99

Jason Toothpaste 4.2-6 oz., selected varieties other Jason oral care products also on sale



2/\$5

Ecover
Dishwashing
Liquid
25 oz., selected varieties



7.99

Seventh Generation Unbleached Bath Tissue

Tissue 12 ct.

other Paper products also on sale

Great deals on products you'll love!

Shop for fresh, delicious, local food at a co-op near you

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Neighborhood Co-op Grocery

INDIANA

3 Rivers Natural Grocery Bloomingfoods Market and Deli Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market GreenTree Cooperative Grocery Keweenaw Co-op Market & Deli Marquette Food Co-op Oryana Community Co-op People's Food Co-op – Ann Arbor PFC Natural Grocery & Deli Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op City Center Market Cook County Whole Foods Co-op Eastside Food Cooperative Hampden Park Co-op Harmony Natural Foods Co-op Harvest Moon Natural Foods Just Food Co-op Lakewinds Food Co-op Linden Hills Co-op Mississippi Market Natural Harvest Food Co-op People's Food Co-op - Rochester River Market Community Co-op Seward Community Co-op St. Peter Food Co-op & Deli Valley Natural Foods Wedge Community Co-op Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

The Co-op Natural Foods

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Willy Street Co-op



to find a food co-op
near you, visit us online
at: www.strongertogether.coop



2.99
Late July Snacks
Organic Salsa
15.5 oz., selected
varieties





2/\$6
Annie's
Homegrown
Organic Popcorn
4-4.4 oz., selected
varieties



2.39

Angie's Boomchickapop 4.5 oz., selected varieties other Angie's Popcorn also on sale



2.39
Lundberg Family
Farms
Organic Red Rice &
Quinoa Tortilla Chips
5.5 oz., selected varieties



2.69

Hope Organic Hummus 8 oz., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



