

coop™ deals

NOV 29 - DEC 12, 2017

holiday and
every day

DEALS FOR DELICIOUS MEALS

When you're planning for a special occasion or a weeknight easy dinner, look for the **Co+op Deals** sales signs — good food at great prices, every day.



2/\$4

**Cascadian Farm Organic
Frozen Vegetables**

16 oz., selected varieties
other Frozen Vegetables also on sale



3.69

**Crofter's Organic
Premium Fruit
Spread**

16.5 oz., selected varieties
10-11 oz. Fruit Spread also
on sale



2/\$4

**Endangered Species
Chocolate Bar**
3 oz., selected varieties



3.99

**Organic Valley
Eggnog**
32 oz.



Seasonal savings are waiting for you.

Shop local, shop co-op!

joy to
deliciousness



It's no coincidence that delicious is the name. Make your dairy-free holiday brighter with tasty **So Delicious** Coconut Creamer, Coconutmilk Yogurt Alternative, CocoWhip! and Holiday Nog. Now, that's a reason to celebrate.

1.69

Coconutmilk Creamer
16 oz., selected varieties

4.69

Coconutmilk Yogurt Alternative
24 oz., selected varieties

2.99

CocoWhip!
9 oz., selected varieties

2.39

Holiday Nog
32 oz., selected varieties



3.69

Glutino Perfect Pie Crust Mix
16 oz.
other Gluten Free Pantry Mixes also on sale



3.39

Arrowhead Mills Pancake & Waffle Mix
26 oz., selected varieties



2.99

Arrowhead Mills Graham Cracker Crust
6 oz.



3.39

Wholesome! Organic Powdered Sugar
16 oz.
other Sugar products also on sale



3.39

Organic Valley Whipping Cream
16 oz.



3.99

Talenti Gelato
16 oz., selected varieties



2/\$5

Divine Chocolate Bar
3.5 oz., selected varieties



2/\$5

Chocolove Chocolate Bar
3.2 oz., selected varieties

What's for dessert? Sweet deals!



easy, elegant!

Welcome guests with a lovely local cheese platter. Add dried fruits, nuts and your favorite assortment of crackers from the co-op.



2.69
Doctor Kracker
Organic Crispbreads
 7 oz., selected varieties



2/\$4
Perrier
Sparkling Water
 25.3 oz., selected varieties



2.69
R.W. Knudsen
Sparkling Juice
 750 ml., selected varieties
 Organic Sparkling Juice \$3.39



2/\$7
IZZE Sparkling
Juice Beverage
 4 pack, selected varieties



2/\$5
Kevita
Organic Sparkling
Probiotic Drink
 15.2 oz., selected varieties



2/\$4
Boulder Canyon
Potato Chips
 5 oz., selected varieties



2/\$7
Green Mountain
Gringo
Salsa
 16 oz., selected varieties



2.99
Bulk Organic
Thompson
Seedless Raisins
 per pound in bulk



9.99
Bulk Organic
Walnuts
 per pound in bulk

11.99
Bulk Deluxe
Roasted and Salted
Mixed Nuts
 per pound in bulk

Fantastic food for friends and family

dinner in minutes

PRESTO! PESTO PASTA

Pantry staples like canned beans, roasted red peppers and pesto in a jar mean you've got dinner, pronto!

Find the recipe for Penne with Green Beans and Pesto at www.strongertogether.coop, and stock up on great deals for weeknight meals at the co-op.



3/\$5

Eden Foods
Organic Beans
15 oz., selected varieties



4.99

Better Than
Bouillon
Organic Broth Base
8 oz., selected varieties



2.69

Pomi
Tomatoes
26.4 oz., selected
varieties



craveable. lovable.

Kids, moms and bunnies all agree. With whole grain and real cheese, you won't believe organic tastes as good as this.

2/\$3

Annie's Homegrown
Pasta & Cheese Dinner
6 oz., selected varieties



2.99

Montebello
Organic Pasta
16 oz., selected varieties



Dinner? Done! Go have some fun



10.99

Spectrum
Organic Mediterranean
Extra Virgin Olive Oil
 33.8 oz.
 other Cooking Oil also on sale



3/\$5

Near East
Couscous Dinner
Mix
 5.4-10 oz., selected varieties



2/\$4

Wolfgang Puck
Organic Soup
 14.5 oz., selected varieties



3.19

Jovial
Organic Brown
Rice Pasta
 12 oz., selected varieties



2/\$4

Evol
Burrito
 5-6 oz., selected varieties
 other EVOL products also on sale



2/\$3

Dr. McDougall's
Soup Cups
 1.1-3.4 oz., selected varieties



goodness
giveaway

Win groceries. Give groceries.

Visit your co-op and enter to win an assortment of quality **Co+op Basics** products for yourself — while earning a donation for a local food shelf or food bank! Co+op Basics is a program that offers everyday low prices on grocery and household items for everyone, every day.

One giveaway per participating store; entry forms and online entry managed by participating co-ops. No purchase necessary.

coop™ basics

Co-ops give back to the local community



4/\$5

Liberte
Organic Yogurt
5.5 oz., selected varieties



3.99

Lifeway
Organic Lowfat
Kefir
32 oz., selected varieties



2.99

The Greek Gods
Greek Yogurt
24 oz., selected varieties



4.39

Organic Valley
Organic Brown
Eggs
doz., Large or Extra-large,
selected varieties



4.99

Organic Valley
Organic Ricotta
Cheese
15 oz.



5.99

Organic Prairie
Organic Sliced
Deli Meat
6 oz., selected varieties



Sustainably grown produce for every season.
Find it at your co-op.



2.99

Santa Cruz
Organic
Applesauce
23 oz., selected varieties



2/\$5

Nature's Path
Organic Waffles
7.4 oz., selected varieties



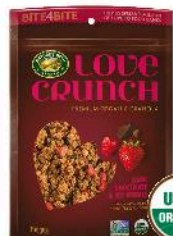
8.99

Equal Exchange
Organic Bulk
Coffee
per pound in bulk
Bulk Decaf Coffee not on
sale



2.99

Golden Temple
Bulk Granola
per pound in bulk



3.69

Nature's Path
Organic Love
Crunch Cereal
11.5 oz., selected
varieties



8.99

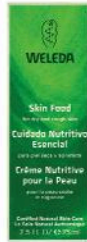
Just Coffee Co-Op
Coffee
12 oz., selected varieties

Wake up to great values



10.99

**Alba Botanica
Very Emollient
Lotion**
32 oz., selected varieties



11.99

**Weleda
Skin Food**
2.5 oz.
other Hand Cream also
on sale



7.99

**Aura Cacia
Lavender Essential
Oil**
.5 oz.
other Essential Oils also
on sale



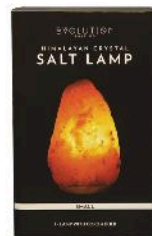
3/\$10

**Nubian Heritage
Bar Soap**
5 oz., selected varieties



29.99

**Dr. Hauschka
Day Cream**
1 oz., selected varieties
other Dr. Hauschka
products also on sale



12.99

**Evolution Salt Co.
Himalayan Crystal
Salt Lamp**
ea.



14.99

**Natural Vitality
Natural Calm**
8 oz., selected varieties
Unflavored 8 oz. Natural
Calm \$13.99



2/\$6

**Yogi
Herbal Tea**
16 ct., selected varieties



39.99

**Nordic Naturals
Ultimate Omega
2X**
60 ct.
other Supplements also
on sale



25.99

**Garden Of Life
mykind Organics
Multi Gummies**
120 ct., selected varieties



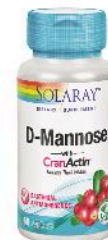
10.99

**Oregon's Wild
Harvest Organic
Echinacea**
90 ct.
other Herbs also on sale



22.99

**New Chapter
Turmeric Force**
60 ct.
other New Chapter
products also on sale



16.99

**Solaray
D-Mannose with
CranActin**
60 ct.
other Herbal products also
on sale

Stay well through the holidays - and every day

Shop for fresh, delicious, local food at a co-op near you

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Neighborhood Co-op Grocery

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Cooperative Grocery
Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op

People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Hampden Park Co-op
Harmony Natural Foods Co-op
Harvest Moon Natural Foods
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

The Co-op Natural Foods

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Willy Street Co-op



to find a food co-op near you, visit us online at: www.strongertogether.coop



6.99

Dr. Bronner's Organic Coconut Oil
14 oz., selected varieties



2/\$5

Earth Friendly Ecos Dishmate
25 oz., selected varieties



3/\$5

Green Forest Facial Tissues
175 ct.



2/\$3

Wellness Cat Food
5.5 oz., selected varieties
other Cat Food products also on sale

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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