

## Your Community Cooperators

As a Whole Foods Co-op Owner in good standing, you can receive discounts at local businesses. Simply present your WFC swipe card at the participating businesses and receive the benefit listed here. Please note that some of the participating businesses also request that you mention your WFC Ownership when making appointments, so read the offers carefully.

### AMAZING ALONZO PAPERBACK EXCHANGE

1831 East Superior Street | Duluth, MN 55812  
(218)724-3431

WFC Owner Benefit: 10% off your purchase price. Not valid with any other coupon or offer.

### ANGELA'S BELLA FLORA, INC.

138 West 1st Street | Duluth, MN 55802  
(218)279-3444 | [www.angelasbellaflora.com](http://www.angelasbellaflora.com)

WFC Owner Benefit: 10% off any plant order. Not to be used in conjunction with any other offer, discount, or promotion.

### AT SARA'S TABLE CHESTER CREEK CAFÉ

1902 East 8th Street | Duluth, MN 55812 | (218)724-6811  
[www.astccc.net](http://www.astccc.net)

WFC Owner Benefit: One free cup of drip coffee or hot tea with purchase of \$7.00 or more. Offer limited to one per Owner per day and cannot be combined with any other promotion or discount.

### AUTO LUBE

601 East 4th Street | Duluth, MN 55805 | (218)722-9922

WFC Owner Benefit: \$2 off any oil change.

### BURRIRTO UNION

1332 East 4th Street | Duluth, MN 55805 | (218)728-4414

WFC Owner Benefit: 10% off any purchase

### CLOUD HANDS HEALING ARTS

2934 Hypo Creek Road | Brimson, MN 55602  
(218)848-2696  
[www.cloudhandshealingarts.massagetherapy.com](http://www.cloudhandshealingarts.massagetherapy.com)

WFC Owner Benefit: New clients: \$45 for first 60 minute massage or Shiatsu session (includes tax). Return client: 10% off all sessions.

### D&C GAS & CONVENIENCE

4 locations in Duluth | Phone number

WFC Owner Benefit: \$0.06 off per gallon at all Duluth D&C Gas & Convenience locations. Discount not valid with any other coupon.

### DANCING WITH THE MOON HEALING TOUCH

(218)310-8423 | [jodylynn57@earthlink.net](mailto:jodylynn57@earthlink.net)

WFC Owner Benefit: \$10 off for new clients. \$5 off for returning clients.

### DAUGHERTY APPLIANCE SALES & SERVICE

3931 West 1st Street | Duluth, MN 55807 | (218)722-3925  
1114 Cloquet Avenue | Cloquet, MN 55720 | 218/879-1575  
[www.daughertyappliance.com](http://www.daughertyappliance.com)

WFC Owner Benefit: Free local delivery and hook-up of non built-in appliances \$399 or more. \$5 off trip charge on any appliance service call.

### DULUTH ART INSTITUTE

506 West Michigan Street | Duluth, MN 55802  
(218)733-7560 | [www.duluthartinstitute.org](http://www.duluthartinstitute.org)

WFC Owner Benefit: \$5 off any Duluth Art Institute membership level. WFC Owners must present Owner card at time of purchase, only at the 506 W. Michigan St. location.

### DULUTH NATURAL MEDICINE & CHIROPRACTIC

1731 London Road | Duluth, MN 55812  
(218)724-4525 | [www.duluthnaturalmedicine.com](http://www.duluthnaturalmedicine.com)

WFC Owner Benefit: \$25 off initial natural medicine consultation and biofeedback response testing.

### ELECTRIC FETUS

12 East Superior Street | Duluth, MN 55802  
(218)722-9970 | [www.efetus.com](http://www.efetus.com)

WFC Owner Benefit: 10% off all regular-priced items store-wide. Excludes tickets, tobacco & gift cards.

### ENERGY PLUS

4811 Miller Trunk Highway | Duluth, MN 55811  
(218)722-7818 | [www.energy-plus.com](http://www.energy-plus.com)

WFC Owner Benefit: Save \$50 on any purchase of \$500 or more. One purchase per customer household. Not valid Any other sales.

### FITGER'S WINE CELLARS

600 East Superior Street | Duluth, MN 55802  
(218)733-0792 | [www.fitgerswinecellars.com](http://www.fitgerswinecellars.com)

WFC Owner Benefit: 10% off Organic wine.

### FROST RIVER TRADING CO.

1910 West Superior Street | Duluth, MN 55806  
(218)727-1472 | [www.frostriver.com](http://www.frostriver.com)

WFC Owner Benefit: One free pound of coffee by Duluth Coffee Company with purchase of \$100 or more.

### GRIHASTASHRAMI YOGA

21 North 28th Avenue East | Duluth, MN 55812  
(218)728-9942 | [www.grihastashramiyoga.com](http://www.grihastashramiyoga.com)

WFC Owner Benefit: One free yoga class, or 50% off one private session.

### HANABI JAPANESE CUISINE

110 North 1st Avenue West | Duluth, MN 55802  
(218)464-4412 | [www.hanabimn.com](http://www.hanabimn.com)

WFC Owner Benefit: 10% off your purchase. Excludes happy hour, alcohol, & and lunch specials. Other restrictions may apply.

### HAWK RIDGE BIRD OBSERVATORY

PO Box 3006 | Duluth, MN 55803  
(218)428-6209 | [www.hawkridge.org](http://www.hawkridge.org)

WFC Owner Benefit: 20% off one Hawk Ridge membership at any level.

### HEALING WAYS SINCE 1983

1420 East 1st Street | Duluth, MN 55805  
(218)724-9737 | [www.healingways.org](http://www.healingways.org)

WFC Owner Benefit: Co-op Owners receive a 1-hour massage for \$37.50. Good for 3 sessions per year per Owner.

### J. LYDIA SALON

1131 East 4th Street | Duluth, MN 55805  
(218)728-1158 | [www.jlydiasalon.com](http://www.jlydiasalon.com)

WFC Owner Benefit: All co-op Owners will receive 10% off any product or service.

### JAZZERCISE, LINDA HERRON

Duluth, MN 55804 | (218)728-2843 | [www.jazzercise.com](http://www.jazzercise.com)

WFC Owner Benefit: \$25 discount for first-time participants with registration for EFT pass. Valid for 8:30 AM classes on Monday, Wednesday, Friday and Saturday. Not to be combined with any other offer.

### LAST CHANCE LIQUOR & WINE CELLAR

619 East 4th Street | Duluth, MN 55805  
218-727-6825 | [www.lastchanceliquorduluth.com](http://www.lastchanceliquorduluth.com)

WFC Owner Benefit: 10% discount on microbrews and beer and wine-making supplies.

*The offers made in this brochure are valid until June 30, 2014.*

*\*This brochure is printed on recycled paper.*





The Community Cooperation Program is designed to highlight LOCAL, independently owned businesses in our Co-op community.

*Please support the businesses that support you!*

## MAGIC BOX PHOTOGRAPHY

1009 East 8th Street | Duluth, MN 55805  
(218)728-9959 | [www.magicboxphotography.com](http://www.magicboxphotography.com)

WFC Owner Benefit: \$25 discount/credit towards photo session at Magic Box Photography.

## MUGGYMOOSE MASSAGE

31 West Superior Street, Suite 302 | Duluth, MN 55802  
(218)310-6586 | [www.muggymoose.com](http://www.muggymoose.com)

WFC Owner Benefit: 15% off first session for new clients.

## OWL FOREST HEALING

31 West Superior Street, Suite 302 | Iron, MN 55751  
(218)290-6630 | [www.owlforesthealing.com](http://www.owlforesthealing.com)

WFC Owner Benefit: \$25 off your first energy healing session or space clearing session. Both in-person and distance sessions are available. Visit the website for details.

## PAULA WILLIAMS, CERTIFIED INTEGRAL COACH

2323 County Road 6 | Barnum, MN 55707  
(218)389-3220 | [www.livethislifeonpurpose.com](http://www.livethislifeonpurpose.com)

WFC Owner Benefit: 4th session free. Check out website for more information on Integral Coaching.

## PERSONAL BEST PILATES

301 West 1st Street | Duluth, MN 55802  
(218)625-2378 | [www.personalbest.us](http://www.personalbest.us)

WFC Owner Benefit: Mat and Reformer Pilates first class free and 10% off first purchased 10-punch card.

## PINEAPPLE ART CENTER

124 West 1st Street | Duluth, MN 55802  
(218)722-2919 | [www.pineappleartscenter.com](http://www.pineappleartscenter.com)

WFC Owner Benefit: 10% off any regularly priced item throughout the year.

## PLAYING WITH YARN

276 Scenic Drive | Knife River, MN 55609  
(218)834-5967 | [www.playingwithyarn.com](http://www.playingwithyarn.com)

WFC Owner Benefit: All purchases can be applied to your Playing with yard card anytime, all year.

## RED MUG BAKE SHOP

1323 North Broadway Street | Superior, WI 54880  
(715)392-7004 | [www.redmugcoffee.com](http://www.redmugcoffee.com)

WFC Owner Benefit: Free baguette with purchase of bottle of wine. Good on Wednesdays and Fridays, limit one per customer per visit.

## RUSTIC INN CAFÉ & GIFTS

2773 Highway 61 | Two Harbors, MN 55616  
(218)834-2488 | [www.rusticinncafe.com](http://www.rusticinncafe.com)

WFC Owner Benefit: 20% off total purchase excluding sale and clearance items.

## SNOODLE CERAMIC STUDIO & GALLERY

7107 Grand Avenue | Duluth, MN 55807  
(218)310-8903 | [www.snoodleceramicstudio.com](http://www.snoodleceramicstudio.com)

WFC Owner Benefit: When one person pays for a 1-hour lesson, the second person's lesson is free. Offer is good only when both people set an appointment for the same time. One time offer.

## STEWART RIVER BOATWORKS

Knife River, MN 55609 | (218)834-2506 | [www.stewartriver.com](http://www.stewartriver.com)

WFC Owner Benefit: 5% discount on tuition for a private session in building your own wood and canvas canoe.

## SUPER AMERICA

602 East 4th Street | Duluth, MN 55806 | (218)729-5500  
[www.curtisoil.com](http://www.curtisoil.com)

WFC Owner Benefit: \$0.03 off per gallon at all locations. Discount can be used with SA rewards.

## TRAIL FITTERS

600 East Superior Street | Duluth, MN 55804 | (218)722-6776  
[www.trailfittersduluth.com](http://www.trailfittersduluth.com)

WFC Owner Benefit: 10% off all regular-priced Icebreaker, Keen & Merrell merchandise. Must present card to receive discount. Valid on in-store items only, cannot be combined with other discounts.

## WOMEN CIRCLING WOMEN, PRENATAL YOGA

230 East Skyline Parkway (First United Methodist "Coppertop" Church) | Duluth, MN 55803  
(218)724-6432 | [www.womencirclingwomen.com](http://www.womencirclingwomen.com)

WFC Owner Benefit: \$10 off one 6-week session. Discount can only be used once.

## YARN HARBOR

103 Mount Royal Shopping Circle | Duluth, MN 55803  
(218)724-6432 | [www.yarnharborduluth.com](http://www.yarnharborduluth.com)

WFC Owner Benefit: One time 15% discount on yarn purchase. Not available with any other store sales.

## YOGA NORTH STUDIO & TEACHER TRAINING CENTER

4628 Pitt Street | Duluth, MN 55804  
(218)722-9642 | [www.yoganorthduluth.com](http://www.yoganorthduluth.com)

WFC Owner Benefit: 20% off all private therapeutic yoga and somatic sessions. One discount per year per student.

## ZEITGEIST ARTS CAFÉ

222 East Superior Street | Duluth, MN 55802  
(218)722-9100 | [www.zeitgeistarts.com](http://www.zeitgeistarts.com)

WFC Owner Benefit: \$2 off first drink.

## ZINEMA 2

222 East Superior Street | Duluth, MN 55802  
(218)722-7300 | [www.zeitgeistarts.com](http://www.zeitgeistarts.com)

WFC Owner Benefit: One free small popcorn with movie ticket purchase.



610 East 4th Street | Duluth, MN 55805  
(218)728-0884

[www.wholefoods.coop](http://www.wholefoods.coop)

community owned since 1970